

Agreement to Receive Care

This agreement sets boundaries and expectations for the Lux Digital Church Lay Pastoral Counseling Ministry. Lay Pastoral Counselors will be called Care Givers throughout the remainder of this document. Please read the agreement and sign and date it to indicate that you understand the what it means to receive care from this ministry.

1. Volunteer – Care Givers are trained, equipped, and trusted volunteers who server the community members of Lux Digital Church. They are not professionals, licensed counselors, or therapists. They are equipped for triage care giving and will not attempt to diagnose you or offer official legal counseling. Care givers serve the church and the pastoral staff of Lux Digital Church to assist in caring for and walking alongside members of the community facing hardships and seeking help.

2. Christian – Care Givers are Christians and will offer Biblical insights and advice to the best of their ability. They are an extension of the love and compassion of Jesus for those who are brokenhearted, distressed, and in need of help. They will do their best to offer a combination of mental health tools and Biblical models as they walk through live with their care receiver.

3. Temporary – The Lay Pastoral Counseling Ministry is intended to be a short term triage solution for those going through a difficult season or looking to start their journey toward a healthier life. Care givers will meet for one hour per session with their care receiver and no more than once session a week. They will also only meet with a care receiver 1-3 times. As volunteers we believe that if someone needs more than three sessions their needs eclipse our training and they need to be referred to professional mental health resources. The care giver will determine how many sessions are appropriate and may decide to end the care giving relationship and refer to professional help at any point.

4. Confidentiality – A Care Giver maintains confidentiality about their care receiver’s identity, any personal information, and anything discussed in care giving sessions. You can feel free to share openly with your Care Giver. The only individuals who will know you are a care receiver or be given information about your sessions with your Care Giver will be the Lead Pastor of Lux Digital Church or the Pastor overseeing the Lay Pastoral Counseling Ministry. In most cases your Care Giver will keep everything shared in your meetings completely confidential. In the case that a Care Giver wishes to seek advice from a pastor or mental health professional on behalf of the care receiver the care giver will first get permission from the care receiver.

5. Safety – In some cases with active neglect or abuse of if the immediate safety of the care receiver or someone connected to the care receiver is threatened the Care Giver must immediately report this to the Lead Pastor of Lux Digital Church or the Pastoral Staff overseeing the Lay Pastoral Counseling Ministry.

6. Liability – I understand that cannot hold Lux Digital Church or any care givers responsible for my mental health and well-being or my actions.

I _____, understand and acknowledge what the Lux Digital Church Lay Pastoral Counseling Ministry provides as explained in this document. I agree to receive care from a Care Giver endorsed by Lux Digital Church.

Signature: _____

Date: _____